

# DAYS SPA®

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## Down to Earth

- Green beauty and clean skin care
- Sustainable spa strategies

FROM INSIDE



### Hydra Medic Facial

(60 min./\$90)

#### Oasis Day Spa

South Weymouth, Massachusetts

Acne and rosacea are targeted by this service featuring Repêchage Hydra Medic products. After cleansing the face, the esthetician massages in a serum under steam. Next, a mask containing seaweed—high in essential fatty acids—preps skin for extractions by softening comedones, which helps minimize trauma. Following extractions, a mud mask is applied, reducing redness thanks to seaweed, brown and red algae, and an oil-absorbing mineral. That mask is removed and replaced with another containing calamine, zinc, buttermilk and tea. Once the final mask is taken off, a mattifying moisturizer designed to smooth skin and heal acne lesions is applied.

**Sensitive skin all-stars:** “The Hydra Medic line’s ingredients help regulate normal oil production and heal the skin,” says spa owner Julie Mahoney. Plus, the at-home Beta Hydroxy Serum combines glycolic and salicylic acids in a low percentage to remove dead skin and reduce sebum retention while minimizing irritation.

**Kudos from clients:** “People are amazed by this gentle healing approach, especially after trying strong cosmeceuticals that initially improve but never completely heal their acne,” says Mahoney, who recommends monthly Hydra Medic facials, a weekly mud mask and twice-daily use of Repêchage home-care products.